

Traditional ATA Martial Arts Boise -2024 Schedule-

MONDAY

FRONT MAT

5-5:30 PM | TIGERS

5:30-6:20 PM | JR BLACK BELTS

6:20-7:10 PM | LEGACY

BACK MAT

5-5:30 PM | JR CAMO-BLUE

7:10-8:10 PM | TEEN & ADULT BLACK BELTS

TUESDAY

FRONT MAT

5-5:50 PM | JR WHITE-YELLOW

5:55-6:45 PM | JR BROWN-RED

BACK MAT

5-5:50 PM | JR BLACK BELTS

5:55-6:55 PM | TEEN ALL RANK

6:55-7:55 PM | ADULT ALL RANK

*DON'T FORGET:

Bring all sparring gear and
weapons to every class-
Including facemask, mouthpiece &
male athletic supporter.

WEDNESDAY

FRONT MAT

5-5:30 PM | TIGERS

5:55-6:45 PM | JR BROWN-RED

BACK MAT

5-5:50 PM | JR WHITE-YELLOW

5:55-6:45 PM | JR CAMO-BLUE

6:50-7:50 PM | TEEN & ADULT COLOR BELTS

THURSDAY

FRONT MAT

5-5:50 PM | JR WHITE-YELLOW

5:55-6:45 PM | JR CAMO-BLUE

6:55-7:55 PM | ADULT ALL RANK

BACK MAT

5-5:50 PM | JR BLACK BELTS

5:55-6:45 PM | JR BROWN-RED

FRIDAY

FRONT MAT

5-5:30 PM | TIGERS

5:30-6:30 PM | TEEN ALL RANK

6:30-7:30 PM | ADULT ALL RANK

BACK MAT

NO CLASSES AT THIS TIME